



<http://www.isabelperez.com/songs/welcometomylife.htm>

## Exercises by Tania Cuevas from México (Cuernavaca)

### "Welcome To My Life" Simple Plan

Do you ever feel like breaking down?  
Do you ever feel out of place?  
Like somehow you just don't belong  
And no one understands you  
Do you ever wanna run away?  
Do you lock yourself in your room?  
With the radio on turned up so loud  
That no one hears you screaming

No you don't know what it's like  
When nothing feels all right  
You don't know what it's like  
To be like me

#### CHORUS:

To be hurt  
To feel lost  
To be left out in the dark  
To be kicked when you're down  
To feel like you've been pushed around  
To be on the edge of breaking down  
And no one's there to save you  
No you don't know what it's like  
Welcome to my life

Do you wanna be somebody else?  
Are you sick of feeling so left out?  
Are you desperate to find something more?  
Before your life is over  
Are you stuck inside a world you hate?  
Are you sick of everyone around?  
With their big fake smiles and stupid lies  
While deep inside you're bleeding

No you don't know what it's like  
When nothing feels all right

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You don't know what it's like  
To be like me

#### (CHORUS)

No one ever lied straight to your face  
And no one ever stabbed you in the back  
You might think I'm happy but I'm not gonna be  
okay  
Everybody always gave you what you wanted  
You never had to work it was always there  
You don't know what it's like, what it's like

#### (CHORUS2x)

Welcome to my life  
Welcome to my life

**1. Match the words to their correct definition.**

_____ To be stuck	To lose control of your feelings and start crying.
_____ To run away	To increase the sound.
_____ To stab someone in the back	To continue to hurt someone when they are already defeated.
_____ To break down	Unable to move or be moved.
_____ To fake a smile	To be nervous, excited or bad tempered.
_____ To lock yourself in	Not included or mentioned in something.
_____ To kick someone when they're down	To escape
_____ To be on the edge	To prevent someone from entering your room by locking the door.
_____ To turn up	To give a false, not genuine smile.
_____ To be left out	To betray someone who trusts you

**2. Listen to the song and fill in the spaces with the missing words in the box and some words from the previous exercise.**

**all right, deep, desperate, edge, ever (2), gave, had, hears, hurt, lost, place, pushed around, over, sick (2), somebody, straight, stupid, understands.**

*1st PART*

Do you \_\_\_\_\_ feel like \_\_\_\_\_ ?

Do you \_\_\_\_\_ feel out of \_\_\_\_\_ ?

Like \_\_\_\_\_ you just don't belong

And no one \_\_\_\_\_ you

Do you ever wanna \_\_\_\_\_ ?

Do you \_\_\_\_\_ in your room?

With the radio on \_\_\_\_\_ so loud

That no one \_\_\_\_\_ you screaming

No you don't know what it's like

When nothing feels \_\_\_\_\_

You don't know what it's like

To be like me

*CHORUS*

To be \_\_\_\_\_

To feel \_\_\_\_\_

To be \_\_\_\_\_ in the dark

To be \_\_\_\_\_ when you're down

To feel like you've been \_\_\_\_\_

To be on the \_\_\_\_\_ of \_\_\_\_\_

And no one's there to save you

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No you don't know what it's like  
Welcome to my life

### 2ND PART

Do you wanna be \_\_\_\_\_ else?  
Are you \_\_\_\_\_ of feeling so \_\_\_\_\_?  
Are you \_\_\_\_\_ to find something more?  
Before your life is \_\_\_\_\_  
Are you \_\_\_\_\_ inside a world you hate?  
Are you \_\_\_\_\_ of everyone around?  
With their big \_\_\_\_\_ smiles and \_\_\_\_\_ lies  
While \_\_\_\_\_ inside you're bleeding

No you don't know what it's like  
When nothing feels \_\_\_\_\_  
You don't know what it's like  
To be like me

### CHORUS

### 3RD PART

No one ever lied \_\_\_\_\_ to your face  
And no one ever \_\_\_\_\_ you in the \_\_\_\_\_  
You might think I'm happy but I'm not gonna be okay  
Everybody always \_\_\_\_\_ you what you wanted  
You never \_\_\_\_\_ to work it was always there  
You don't know what it's like, what it's like

### CHORUS (X2)

### 3. Answer the following questions.

- Do you think this is a happy song? Why?
- Do you ever feel like breaking down? What makes you feel like that?
- Do you ever feel out of place? What makes you feel like that?
- Do you ever want to run away? Why? Where do you want to go?
- Do you want to be somebody else? Why? Who would you like to be?

### 4. Now imagine that a friend of yours is the one who feels like the guy singing this song. Write him/her a cheering letter to make him/her feel less sad.