

Instrucciones:

a) Duración: 1 h.30m. b) No se permite el uso de diccionario. c) La puntuación de las preguntas está indicada en las mismas. d) Los alumnos deberán realizar completa una de las dos opciones A o B, sin poder mezclar las respuestas.

OPTION B

“Seeking therapy for anger”

1 Mary knew she had a problem when she found herself screaming at her university professor. He had caught her
2 having an aggressive argument with a classmate and, after several complaints from other students, spoke to her
3 about it.

4 “All my life I’ve had a temper,” she admits. “I got into fights at school and university, and would lose control over
5 little things.” When the tutor said Mary would have to look for professional help or leave the course, she went to see
6 the university counsellor. It was a decisive moment for Mary, who had arrived in the UK at the age of 10 while trying
7 to recover from her sister’s death.

8 “It changed my life,” she says. “Suddenly I was speaking about things I had never talked about, such as how I
9 was bullied at school when I first came to the UK because I couldn’t speak English and how I had watched my sister
10 die months before. My mother sent me back to school that day. We never spoke about it again. Now, if I get angry, I
11 can talk about it.”

12 Many are not so fortunate. “We suspect that anger in our society is reaching dramatic levels, but there’s very little
13 help available,” says the director of the British Association of Anger Management. Last January, his association,
14 which operates several clinics across the UK, received an unprecedented number of reservations for its courses,
15 despite January traditionally being its quietest month. “This could mean more people are seeking for help; nowadays,
16 domestic violence is increasing—eight women on average are killed every month—and workplace stress is also
17 rising. Everybody knows that where there is stress, there is also anger,” he says.

I * COMPREHENSION (4 points: questions 1-3, 1 point each; 4-5, 0.5 points each)

ANSWER QUESTIONS 1-3 ACCORDING TO THE INFORMATION GIVEN IN THE TEXT. USE YOUR OWN WORDS.

1. What was the first difficulty Mary had to face after moving to the UK?
2. How did therapy change Mary’s life?
3. Why are more and more people seeking therapy for anger?

ARE THESE STATEMENTS TRUE OR FALSE? JUSTIFY YOUR ANSWERS WITH THE PRECISE WORDS OR PHRASES FROM THE TEXT, OR USE YOUR OWN WORDS.

4. She decided to look for therapy because she felt she had a serious problem.
5. There is a close connection between stress and anger.

II * USE OF ENGLISH (3 points; questions 6-9, 0.25 points each; 10-13, 0.5 points each)

6. FIND IN THE TEXT THE WORD WHICH HAS THE FOLLOWING DEFINITION: “quarrel, dispute, verbal fight.”
7. GIVE ONE SYNONYM FOR **fortunate** (adjective) AS IT IS USED IN THE TEXT (line 12).
8. GIVE AN ADJECTIVE WITH THE SAME ROOT AS “**help**” (noun).
9. FILL IN THE GAP WITH THE CORRECT PREPOSITION: **John has been married _____ his wife for 20 years. (of / on / at / to)**
10. FILL IN THE GAP WITH A CORRECT FORM OF THE VERB IN BRACKETS: **Mary’s tutor spoke to her after several students _____ (complain) about her.**
11. TURN THE FOLLOWING SENTENCE INTO THE ACTIVE VOICE: **I was bullied at school when I first came to the UK.**
12. TURN THE FOLLOWING SENTENCE INTO REPORTED SPEECH: **“All my life I’ve had a temper and I got into fights at school and university,” Mary said.**
13. GIVE A QUESTION FOR THE UNDERLINED WORD: **Eight students on average are bullied a week.**

III * PRODUCTION (3 points)

14. WRITE A COMPOSITION OF APPROXIMATELY 120 WORDS ABOUT THE TOPIC PROPOSED. YOU MUST FOCUS STRICTLY ON IT:

Do you think school life is stressful? Explain.