



UNIVERSIDADES DE ANDALUCÍA
PRUEBA DE ACCESO A LA UNIVERSIDAD
CURSO 2013-2014

LENGUA
EXTRANJERA
(INGLÉS)

Instrucciones: a) Duración: 1 h.30m. b) No se permite el uso de diccionario. c) La puntuación de las preguntas está indicada en las mismas. d) Los alumnos deberán realizar completa una de las dos opciones A o B, sin poder mezclar las respuestas.

OPTION A: "Eliminating Trans Fats"

- 1 Does your mouth water when you think of potato chips, doughnuts and cakes? Many people prefer "junk food" to healthy
2 food because they develop a taste for it. Processed, baked, and fried foods typically contain a high amount of trans fats.
3 However, trans fat raises the bad cholesterol in your body and lowers the good cholesterol that it needs. Trans fats build up
4 in the body and block blood flow to the heart, so people whose diet contains a high percentage of trans fats are at risk for
5 heart disease and stroke.
- 6 Trans fat is a semi-solid type of oil. It is made by adding hydrogen to liquid oil. Food companies and restaurants like to
7 use trans fat oil because it is inexpensive, makes food last longer and also improves its taste and texture. Today doctors
8 know how dangerous these processed foods are. In countries such as the US and Canada there are new government
9 restrictions on food production. Food and drink makers have to attach a Nutrition Fact label to their products. Even fast food
10 chains are being forced to change their recipes. In Europe, food manufacturers have started using a voluntary labelling
11 system at the consumers' request.
- 12 We all need some fat in our diet. There are three different types of fats: saturated fats, trans fats, and unsaturated fats.
13 Doctors recommend that we get most of our fatty calories from unsaturated fats. Labels are a good way to avoid eating fatty
14 food that is dangerous for your health. Another way is to avoid eating out and, when shopping for groceries, buy mostly fresh
15 food.

I * COMPREHENSION (4 points: questions 1-3, 1 point each; 4-5, 0.5 points each)

ANSWER QUESTIONS 1-3 ACCORDING TO THE INFORMATION GIVEN IN THE TEXT. USE YOUR OWN WORDS.

1. **In what way are trans fats connected to heart failure?**
2. **Why are North American consumers more aware of the type of fat which is nowadays found in food and drinks?**
3. **What three tips does the article give in order to avoid trans fats?**

ARE THESE STATEMENTS TRUE OR FALSE? JUSTIFY YOUR ANSWERS WITH THE PRECISE WORDS OR PHRASES FROM THE TEXT, OR USE YOUR OWN WORDS.

4. **Fat is necessary in the human diet.**
5. **In Europe nutrition labels are compulsory, as in the US and Canada.**

II * USE OF ENGLISH (3 points; questions 6-9, 0.25 points each; 10-13, 0.5 points each)

6. FIND IN THE TEXT A SYNONYM FOR "**cheap**" (adjective).
7. FILL IN THE GAP WITH A CORRECT PREPOSITION. **They finally agreed me.**
8. WHICH WORD IS NOT AN ADJECTIVE? **saturated / fatty / healthy / amount.**
9. FIND IN THE TEXT ONE WORD WHICH HAS THE FOLLOWING DEFINITION: "**A small piece of material with information attached to an item.**"
10. FILL IN THE GAP WITH THE CORRECT OPTION. **She used (to have / to having / had) many unhealthy habits in the past.**
11. USE THE WORDS IN THE BOXES TO MAKE A MEANINGFUL SENTENCE. USE ALL AND ONLY THE WORDS IN THE BOXES WITHOUT CHANGING THEIR FORM:

it	to	trans fat	dangerous	so much	eat	is
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12. GIVE A QUESTION FOR THE UNDERLINED WORDS: **He eats out in restaurants twice a week.**
13. TURN THE FOLLOWING SENTENCE INTO REPORTED SPEECH:
"I don't care if doughnuts are unhealthy," Mike said.

III * PRODUCTION (3 points)

14. WRITE A COMPOSITION OF APPROXIMATELY 120 WORDS ABOUT THE PROPOSED TOPIC AND FOCUS STRICTLY ON IT:
Do you think young people eat too much junk food nowadays? Explain.