

## GOOD PRACTICE



- Please leave rubbish in the bins provided
- Walk on the marked paths
- Please respect private property



- The capture of animals is not permitted
- Starting fires is strictly forbidden
- Fishing is prohibited
- Plant collecting is not allowed

Emergency phone: 112



CÁDIZ  
MÁLAGA  
PARQUE NATURAL  
Sierra de  
Grazalema

## MORE INFORMATION

El Bosque Visitors' Centre. Federico García Lorca nº1.  
El Bosque. Cádiz. Tel. 956 70 97 33  
ventanadelvisitante.

© / Dirección / Coordinación: Consejería de Agricultura, Ganadería, Pesca y Desarrollo Sostenible / Agencia de Medio Ambiente y Agua de Andalucía  
Realización e imágenes: Grupo Entorno, Federación Andaluza de Montañismo and CAGPYDS archive



UNIÓN EUROPEA  
Fondo Europeo Agrícola de Desarrollo Rural



Junta de Andalucía  
Consejería de Agricultura, Ganadería,  
Pesca y Desarrollo Sostenible

PARQUE NATURAL  
Sierra de  
Grazalema



Llanos del Berral



Junta de Andalucía  
Consejería de Agricultura, Ganadería,  
Pesca y Desarrollo Sostenible

## OTHER CATEGORIES OF PROTECTION



NATURA 2000



Organización de las Naciones Unidas para la Educación, la Ciencia y la Cultura  
Red Española de Reservas de Biosfera

### • ROUTE

Linear

### • LENGTH (OUTWARD)

1,6 km

### • ESTIMATED TIME (OUTWARD)

30 minutes

### • DIFFICULTY

Low

### • TYPE OF TRAIL

Path or track

### • LANDSCAPE / VEGETATION

Gentle descent through limestone relief, with Mediterranean forest dominated by holm oak and gall oak. Views of the Sierra del Pinar and El Torreón, the highest peak in the province. Views of the castle Aznalmara and Sierra de la Silla. Ruins of an era and a sealed quarry.

### • SHADE

Frequent

### • SPECIAL AUTHORISATION

Not required

### • RECOMMENDATIONS

Carry drinking water and wear suitable clothing and footwear.

### • PROVINCE / MUNICIPALITIES

Cádiz / Benaocaz y Ubrique

### • SHEETS OF MTN MAP 1:50.000

1050 - Ubrique

### • START / END COORDINATES

36° 45' 18,82"N – 5° 27' 17,61"O

36° 44' 36,49"N – 5° 27' 37,71"O



## HOW TO GET THERE

From Benamahoma take the A-372 east towards Grazelema. After 2 km we find the recreation area of Llanos del Campo, right at the start of the trail.



## PARKING

There is a carpark with some 30 places at the start of the trail in the recreation area.



## PUBLIC TRANSPORT

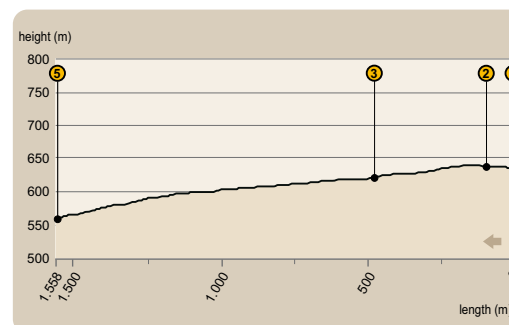
The main companies running regular bus routes in the area are Los Amarillos (tel. 902 21 03 17) and Transportes Generales Comes S.A. (tel. 902 19 92 08). The nearest train stations are in Cortes de la Frontera, Jimera de Líbar, Benaoján and Ronda (check services and timetables at [www.renfe.es](http://www.renfe.es) or by telephone on 902 24 02 02).



## OTHER TRAILS

The route coincides, at the Llanos del Campo recreation area, with the Descansadero and El Tesorillo trails.

## PROFILE OF ROUTE



### • MAXIMUM GRADIENT

80 m

### • MAXIMUM HEIGHT

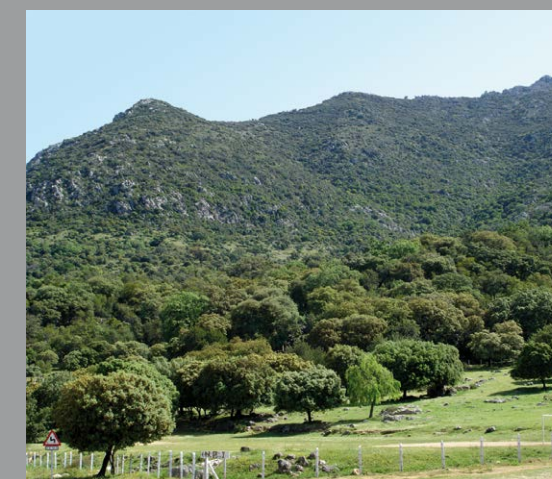
640 m

### • MINIMUM HEIGHT

560 m

## A DENSE FOREST

The Mediterranean climate is characterised by mild, wet winters and hot, dry summers, although its main feature is the presence of a period of several months of drought, followed by a rainy season. The lack of rainfall, together with the high temperatures, entails conditions of high water demand for plants, which have various adaptations to mitigate this. Some of them have small leaves that minimise water evaporation and are covered with white, woolly hairs that insulate them from extreme temperatures and reflect the sun's rays, thus avoiding heat absorption as much as possible.



Over the course of the route we can admire the Mediterranean forest and its scrubland, with plentiful holm oaks, gall oaks, carob trees, alders, sarsaparillas, mastic and palmettos, among others.

Along with vultures, we can observe an extensive array of birds linked to these wooded areas like blue tits, great tits, chaffinches, short-toed treecreepers, the Eurasian nuthatch, Eurasian jays, woodpeckers, long-tailed tits and firecrests.







## Through the forest to the clearing

A sign opposite the recreation area (see [1] on the map) located on the road between El Bosque with Grazalema, a couple of kilometres from Benamahoma, describes the itinerary we are going to cover.

After passing a metal gate (please close behind you, a rule to be followed on this and all other trails) we continue a few hundred metres on the path between holm oaks and carob trees [2] until we reach a track that leads down to the left which we stick with for the rest of the route.



Following the landmarks of the trail and in a few minutes we arrive in Llanos del Berral [3].

These were cultivated fields until quite recently, and remain as a witness to an old era [4]. This site is also the source of the Charcones stream which collects the waters of the Sierra del Albarracín and disgorges towards the Tavizna valley. From Los Llanos del Berral we can make out the Sierra del Pinar massif, with its abrupt relief.



## Views of the castle of Aznalmara

In these mountains we can find the highest peaks of the province of Cádiz, of which El Torreón is the highest.

We continue south through the plain, and take a trail towards Tavizna. There is a slight descent between century-old gall oaks, witness to the traditional activities of this country, such as coaling, shepherding and bee-keeping.

*Our attention is drawn to the gall bushes and gall oaks, not to be confused with their fruit; the chestnut. This is a defence mechanism the trees possess against stinging from certain wasps. Galls are rich in tannins and are*



*used in artesian leather making as they react with certain proteins present in animals skins to achieve increased resistance to heat, rotting by water and microbe attacks.*

Carrying on, after passing a gate, we can admire the panoramic views [5] in the direction of the castle of Tavizna or Aznalmara, a vestige of these mountains' medieval past.



## The return to Llanos del Campo

Having enjoyed the pleasant views we return along the same path to Llanos del Campo. The recreation area has barbecues (remember that fires are prohibited at times of risk) and wooden tables and benches for a wonderful day in the country in this tranquil setting. In early June, this is also the site of the Romería de Benamahoma pilgrimage.



*Over the course of the route, we might be surprised by the density of the forest or deer or roebuck darting to a hiding place after detecting our presence.*

The Los Llanos del Campo recreation area also marks the start of the El Tesorillo and Arroyo del Descansadero trails, both short scenic treks. Things to do in Benamahoma itself include a visit to the Eco-Museum of Water, a space housed in an old mill, dedicated to this precious resource.



Opposite the recreation area, the Llanos del Campo in Benamahoma, this comfortable path is ideal for a walk for the family.

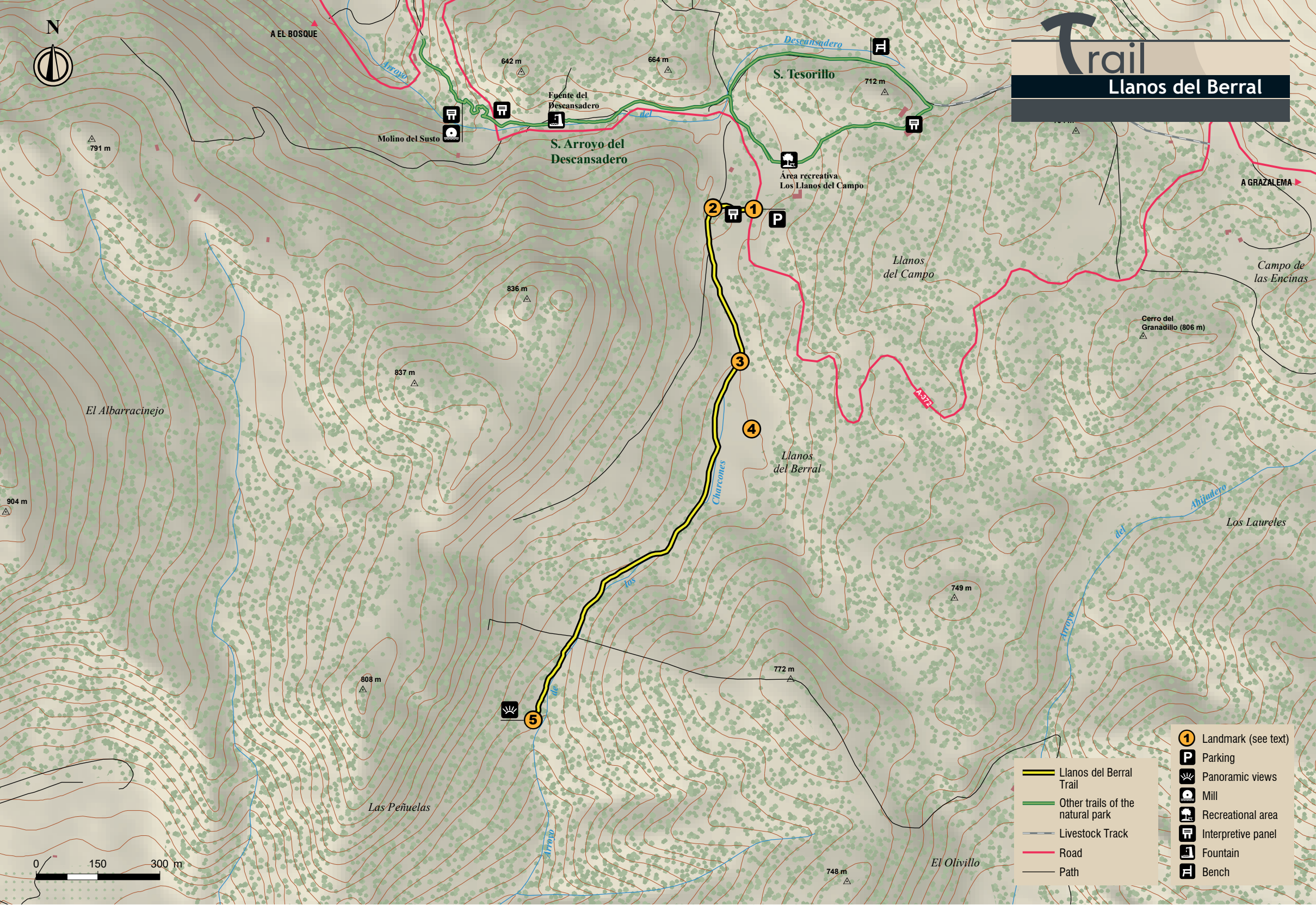
We discover the dense Mediterranean forest, populated by animal and vegetation species, plains where wheat was grown and the cultural legacy of the Muslim era with important sites like the castle of Aznalmara.





# Trail

## Llanos del Berral



A EL BOSQUE

Molino del Susto

S. Arroyo del Descansadero

S. Tesorillo

Área recreativa Los Llanos del Campo

Llanos del Campo

Llanos del Berral

El Albarracinejo

Las Peñuelas

El Olivillo

A GRAZALEMA

Campo de las Encinas

Cerro del Granadillo (806 m)

Los Laureles

- Landmark (see text)
- Parking
- Panoramic views
- Mill
- Recreational area
- Interpretive panel
- Fountain
- Bench

- Llanos del Berral Trail
- Other trails of the natural park
- Livestock Track
- Road
- Path

0 150 300 m