

GOOD PRACTICE



- Please leave rubbish in the bins provided
- Walk on the marked paths
- Please respect private property



- The capture of animals is not permitted
- Starting fires is strictly forbidden
- Plant collecting is not allowed

Emergency phone: 112



CÓRDOBA

PARQUE NATURAL
Sierras
Subbéticas

MORE INFORMATION

Santa Rita Visitor's Centre
Ctra. A-340 Km 57. Cabra, Córdoba
Tel. 957 50 69 86
ventanadelvisitante.



UNIÓN EUROPEA
Fondo Europeo Agrícola de Desarrollo Rural



Junta de Andalucía
Consejería de Agricultura, Ganadería,
Pesca y Desarrollo Sostenible

PARQUE NATURAL
Sierras
Subbéticas



Trail
De Santa Rita



Junta de Andalucía
Consejería de Agricultura, Ganadería,
Pesca y Desarrollo Sostenible

OTHER CATEGORIES OF PROTECTION



NATURA 2000



United Nations
Educational, Scientific and
Cultural Organization



Sierras Subbéticas
UNESCO
Global Geoparks

ROUTE

Linear

LENGTH (OUTWARD)

2,3 km

ESTIMATED TIME (OUTWARD)

1 hour and 30 minutes

DIFFICULTY

Moderate

TYPE OF TRAIL

Path

LANDSCAPE / VEGETATION

Rich Mediterranean scrubland characteristic of shady and humid areas. Panoramic views of the Cerro del Lobatejo and the Lapiaz de los Lanchares.

SHADE

Frequent

SPECIAL AUTHORISATION

Not required

RECOMMENDATIONS

Carry drinking water and wear suitable clothing and footwear. A walking stick will be very useful for the ascent and descent to the viewpoint.

PROVINCE / MUNICIPALITIES

Córdoba / Cabra

SHEETS OF MTN MAP 1:50.000

989 - Lucena

START / END COORDINATES

37° 27' 30,1" N – 4° 21' 19,21" O
37° 27' 33,69" N – 4° 21' 11,93" O



HOW TO GET THERE

At kilometre point 8 on the road from Cabra to Priego de Córdoba (A-339) is the Santa Rita visitor's centre.



PARKING

The Santa Rita visitor's centre is equipped with a car park for parking vehicles.



PUBLIC TRANSPORT

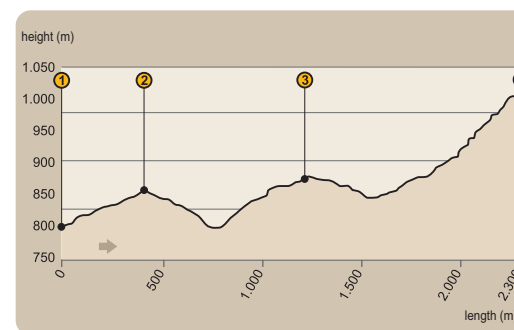
You can reach the village of Cabra by bus (Autocares Carrera, tel. 957 50 03 02; www.autocarescarrera.es), but the only way to the start of the trail is by private car or taxi.



OTHER TRAILS

There is no nearby route of the Regional Ministry.

PROFILE OF ROUTE



MAXIMUM GRADIENT

211 m

MAXIMUM HEIGHT

1.006 m

MINIMUM HEIGHT

795 m



The north face of the Sierra de la Cabrera is one of the best preserved areas of the natural park.

A LUSH AND VARIED SCRUBLAND AREA

Being located on the northern slopes of the Sierra de la Cabrera, at an altitude of between 800 and 1000 metres, the plant species that grow there are typical of these more humid and shady microclimates. Thus, the flora of these slopes is basically composed of gall oaks, hawthorns, turpentine trees, Mediterranean buckhorn or blackthorns, as well as various climbing species such as ivy, honeysuckle or wild rose. These species form a dense and continuous patch of scrubland that completely covers the slopes of the Sierra de la Cabrera. This well-preserved scrubland is the habitat for numerous species of small passerines such as blackbirds, warblers, robins, waders...





Santa Rita Visitor's Centre

Before starting to walk, we recommend a visit to the Santa Rita visitor's centre to learn about the geological, floral, faunal and mycological values of the Sierras Subbéticas Natural Park. The centre also has an area for learning about the Network of Protected Natural Spaces of Andalusia (RENPA) and a children's area for children's entertainment.



The first few metres of the trail (check [1] on the map) pass through a more open area, along a small path that climbs moderately up the slopes of the Sierra de la Cabrera. In this first section, the hawthorn is the dominant species.

When we have walked approximately 400 metres, we will come to a fork [2] where we have the option of going up to the viewpoint or taking the path that starts on the left hand side. We recommend you the path first, as you will be returning to the same point, so you will have the chance to go up to the viewpoint later if your strength allows you to do so.



The trail plunges into the vegetation

In this section of the trail there are impressive specimens of gall oak, a species similar to the holm oak, which differs from this tree in that it has larger, greenish "marcescent" leaves. After walking approximately half a kilometre in an easterly direction, the route changes direction again to enter a shady area [3], where the path is surrounded by thick vegetation that barely lets the sun's rays through. This is a good time to stop and learn about the flora of the Natural Park, as the trail has small signs that will help us to identify some of the typical plant species that make up the Mediterranean scrubland.



Viewpoint of La Cabrera

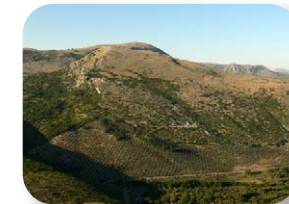


The ascent to the viewpoint of La Cabrera requires a certain level of fitness

After this loop, we will reach point 2, where, if we have the strength, we recommend climbing to the viewpoint of La Cabrera [4]. However, we must bear in mind that we will have to make a considerable effort. Little by little we will gradually gain altitude along a narrow path that winds its way through the lush vegetation.

Our effort will be rewarded, as from the viewpoint, located at an altitude of 1,000 metres, the views are breathtaking. To our left we will first see one of the most unique geological formations in the natural park: the karren of Los Lanchares, a karst formation consisting of a stony surface with numerous irregularities, channels, cracks, hollows and sharp ridges as a result of the dissolution of the limestone rock. It should not be forgotten that, due to the importance of its karst phenomena and geodiversity, this natural park joined the European Geoparks Network in 2006 under the auspices of UNESCO.

One of the best viewpoints in the Subbética region of Cordoba



The River Guadalentín carves a great canyon at the foot of peaks of more than 2,000 metres

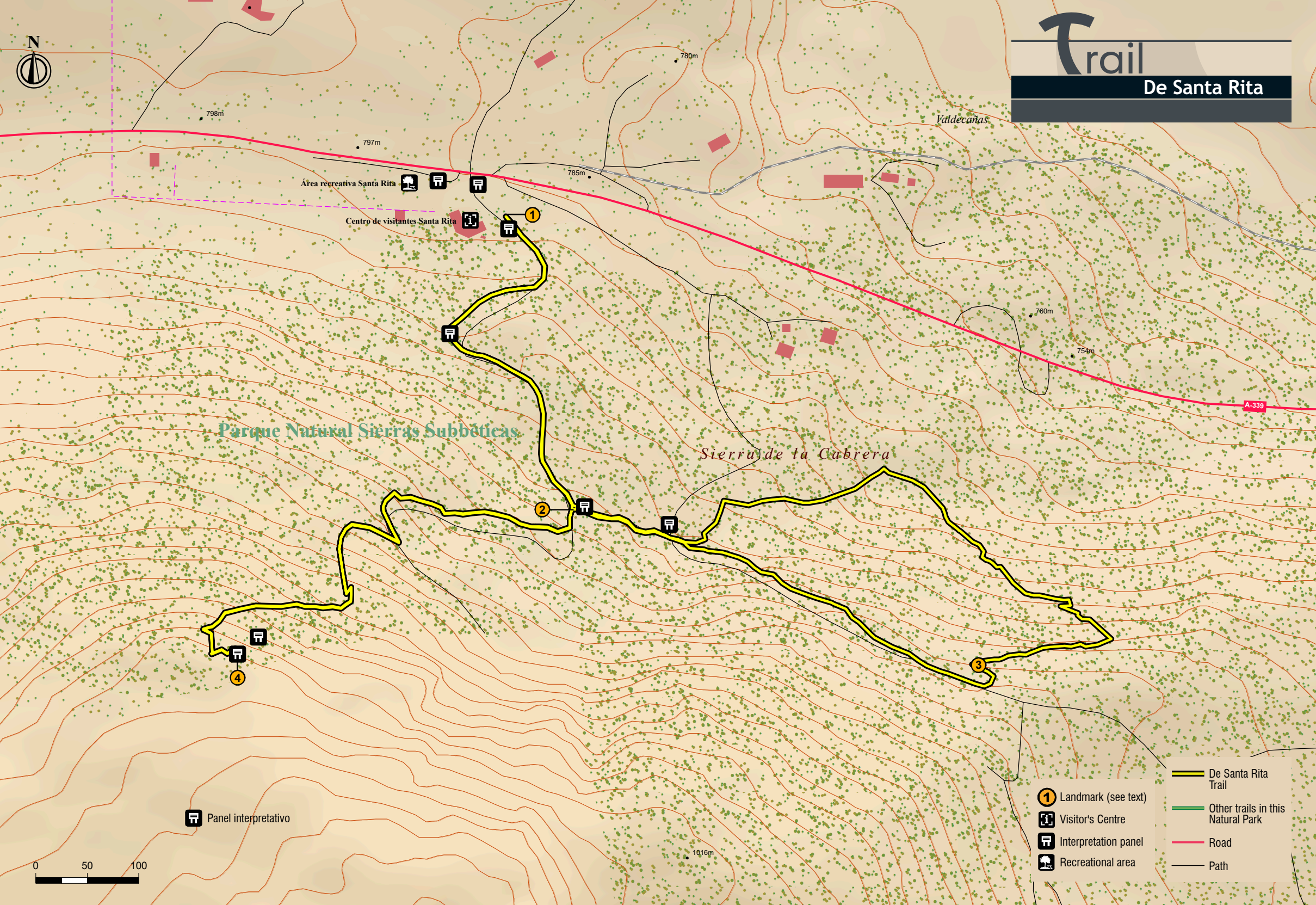
The Picacho de Cabra (1,227 m) at the top of which is the Sanctuary of the Virgen de la Sierra, is dominating over this karren. If we look straight ahead we can find the Collado del Navazuelo and the Cerro del Pelpitre, behind which rises the Cerro del Lobatejo (1,379 m), one of the highest peaks in the natural park. Further west we will find the "Buitreras" and the Sierra de Alcaide. From this viewpoint we can also make out, in the distance, some of Jaén's sierras and part of the Cordoba countryside.



From the viewpoint we can observe the impact of the quarries on the landscape

The Santa Rita trail runs along the northern slope of the Sierra de la Cabrera, through a dense and rich patch of Mediterranean scrubland, where the route plunges completely into the thick bush under the shade of large gall oaks.

Furthermore, from the viewpoint of La Cabrera we can contemplate fabulous views of some of the most emblematic places of the Sierras Subbéticas Natural Park, such as the karren of Los Lanchares, the Picacho de la Sierra de Cabra, the Cerro del Lobatejo, the "Buitreras" and the Sierra de Alcaide.



Parque Natural Sierras Subbólicas

Sierra de la Cabrera

Valdecañas

A-339

Panel interpretativo



- De Santa Rita Trail
- Other trails in this Natural Park
- Road
- Path
- 1 Landmark (see text)
- Visitor's Centre
- Interpretation panel
- Recreational area