

**Chief of Service:**

- Dra. M<sup>a</sup> Ángeles Gálvez Moreno

**Head of Nutrition Section:**

- Dra. M<sup>a</sup> José Molina Puerta

**Nursing Supervisor:**

- D. José Berlango Jiménez

**Medical team:**

- Dr. Alfonso Calañas Continente
- Dr. Rafael Palomares Ortega
- Dr. Gregorio Manzano García
- Dr. José Carlos Padillo Cuenca
- Dra. Paloma Moreno Moreno
- Dra. M<sup>a</sup> Rosa Alhambra Expósito
- Dra. Aura Herrera Martínez
- Dra. Concepción Muñoz Jiménez
- Dr. Ángel Rebollo Román
- Dra. Ana Barrera Martín
- Dra. M<sup>o</sup> Carmen Serrano Laguna
- Dra. Julia Silva Fernández

**Bromatologist**

- D. José Ferreira Vacas

**Nursing team:**

- Dña. M<sup>a</sup> Victoria Fernández Ruíz
- Dña. Encarnación Millán Viana
- Dña. Concepción Albalá Paniagua
- Dña. Rosario Reyes Luque
- Dña. Inmaculada Montero Monterroso
- Dña. Carmen Jiménez Pavón
- Dña. Carmen González Tenor
- Dña. M<sup>a</sup> Luisa Calle Castro

**Dietitians:**

- Dña. Serafina Mérida Sánchez
- Dña. Ana Sanz Sanz
- Dn. Alejandro García Puche
- Dña. Sonia Chica Palomino

**Nursing assistant and care team:**

- Dña. Ángela Llorente Bravo
- Dña. Carmen Tarifa Jiménez
- Dña. Pilar Toledano Marín
- Dña. Francisca Bazán Alanzabes
- Dña. Marina González Santiago
- Dña. Lucía González Ortiz
- Dña. Sonia Algarra Martínez

**Secretaría:**

Dña. M<sup>a</sup> Luisa Caridad Torres Oviedo  
Edificio de CC.EE. Nivel 2. Ala izquierda  
Dña. Araceli Viana Moreno  
Hospital General. Planta Baja. Frente a  
Hematología

**Consultas Externas:**

- Hospital General: Ed. Consultas Externas. Nivel bajo y nivel 2.
- Hospital Provincial: Entrepuerta.
- Castilla del Pino: Módulo C. Nivel 1. 3107-9, 3129.

**Planta de Hospitalización:**

Hospital General. Planta 5<sup>a</sup>. Módulo B.

**Hospital de Día de Diabetes:**

Hospital General. Ed. Consultas Externas.



Last Update: Jul-2022

**INFORMATION TO PATIENTS  
AND FAMILY: OUTPATIENT  
SERVICE**

We remind you that  
**PHYSICAL EXERCISE** and  
**HEALTHY EATING** prevent and  
improve diabetes, dyslipidemia, high  
blood pressure, overweight and  
cardiovascular risk among other illnesses

**DEPARTMENT of  
ENDOCRINOLOGY  
AND NUTRITION**

Servicio Andaluz de Salud  
CONSEJERÍA DE SALUD Y FAMILIAS

Hospital Universitario Reina Sofía

All the members of the Endocrinology and Nutrition Service welcome and wish you a soon recovery.

### Outpatient Consultation

Most part of the work in our Unit takes place as outpatient consultation. Our service puts at your disposal the following spaces:

- Outpatient consultation building: Four doctor's offices, one nursing office and a shared one
- General hospital: One nursing office (Second floor. Module C), one dietitian's office (Ground floor opposite Hematology laboratory)
- Hospital Provincial: One doctor's office, one nursing office and one dietitian's office
- Outpatient consultation "Carlos Castilla del Pino": Two doctor's offices (No. 3107 and 3108), one nursing office (No. 3129) and a shared one (No. 3109).

It is advisable to arrive 10 minutes before the appointment and to communicate your presence to the nursing assistant team.

In order for the staff to work accurately and to offer the highest quality assistance you deserve it is crucial that our work takes place in a quiet environment, so we kindly ask you to keep as quiet as possible in the waiting room and to put your mobiles on silent mode when you are in the doctor's office.

During the medical consultation, the doctor will inform you about your illness, the exams that will be performed, the results of these exams, the diagnosis, the suggested treatments, the prognosis and the follow-up.

In the nursing consultation, you will be offered the necessary information for the care plan you have to follow. The staff will answer all your questions and will try to solve your doubts.

### Diabetes Day Hospital

Diabetes Day Hospital runs in working days from Monday to Thursday from 8.30h to 20.30 h and Fridays from 8.30h to 14.30h. Patients with diabetes whose medical problems cannot be put off but do not require admission will be tended here. Patients receive the appropriate treatment for their recovery. In case they hadn't recovered after the Diabetes Day Hospital working hours and they require further medical assistance, they would be admitted in our Unit. Sometimes, patients must attend few days to the Day Hospital in a short lapse of time.

### Available information

We put at your disposal informative documents about:

- Second-generation rights such as: Free choice of hospital, free choice of doctor, free choice of second medical opinion and consentment for decision-making.
- Personal data protection
- This unit's portfolio

All this information can be either asked for to the Unit staff or visualized in the Hospital web page (<https://www.juntadeandalucia.es/servicioandaluzdesalud/hrs3>). This direction can also be found by typing ""Hospital Reina Sofía de Córdoba" in any web search engine

In case you need your medical record you can ask the Documentary Service for it, by requesting it to the User Attention Service

### Satisfaction surveys and suggestions:

To be able to improve, it is important to know the degree of satisfaction and the complaints of the patients and their families. This is why we have available in all our offices and in the Hospitalization area questionnaires with quality of life surveys, where you will be able to add your suggestions. The staff of this unit thanks you for your attention and

guarantees that your opinion will be analyzed to amend any possible mistakes there might be and to evolve into a better quality in the medical assistance.

### Directory and business hours:

- Secretary: 957 011 910. Horario: de 10 a 14 h.  
E-mail: [endonutri.hrs.ssspa@juntadeandalucia.es](mailto:endonutri.hrs.ssspa@juntadeandalucia.es)
- Outpatient consultation General Hospital: 957 010 174. From 11.30h to 14 h.
- Outpatient consultation Hospital Provincial: 957 736 080. From 8.30h to 9.00h.
- Outpatient consultation Castilla del Pino: 957 012 554. From 8.30 to 9.00h.
- Domiciliary nutrition (Nursing team): 957 010 302. From 9.00h to 14.00h.
- Dietitian offices: General Hospital (Ground Floor): 957 010 025. From 12.00h to 14.00h.
- Dietitian offices: Hospital Provincial (Ground Floor): 957 011 896. From 12.00h to 14.00h.